| BARS Composition Deductions | |
|---|---|
| Lack of Handstands or Pass thru Hst. (Lv 8) | → 0.2 |
| Uncharacteristic Elements | each 0.1 |
| 3/4 Forward Giant w/wo grip change | each 0.1 |
| Dismount – Not up to Comp Level | → 0.1 |
| Facing Same Direction throughout (L9.10) | 0.1 |
| Choice of Elements: Requirements (L9.10) | |
| 1. Forward Elem. (Circle/Release), min. "D" | 0 / 3 = 0.2 |
| 2. Element from Groups 3 / 6 / 7), min. "D" | 1 / 3 = 0.1 |
| 3. Min. "C" 1/2 Turn w / wo Flight | 2 / 3 = 0.0 |
| Squat-on LB w/wo sole, more than 1 (L10) | each 0.1 |
| Releases - Not up to Comp. Level (L10) | → 0.2 |
| Lack of 2 Bar Changes (L10) | 0.2 |

| BARS Execution Deductions | |
|---|---|
| 3rd Run to approach mount (each judge) | 0.5 |
| Swing Forward / Backward Under Horizontal | → 0.1 |
| Under-Rotation of Release Elements | → 0.1 |
| Precision of Handstand Positions (thruout) | → 0.1 |
| Insufficient Extension of Glide/Swing to Kip | → 0.1 |
| Poor Rhythm in Elements | → 0.1 |
| Hesitation in Jump, Swing to Handstand | → 0.1 |
| Landing Too Close to Bars Dismount | 0.1 |
| Angle of Flight to LB Handstand (11° - 20°) | 0.05 |
| Angle of Circle to Handstand | → 0.2 |
| Angle of Cast to Handstand | → 0.3 |
| Angle of Turn Deviation (Healy + 1-1/2t.) | → 0.3 |
| Angle of Turn Deviation (1/2 t. - 1/1 t. IN) | → 0.3 |

| BARS Execution Deductions | |
|---|---|
| Insufficient Dynamics (thruout) | → 0.2 |
| Trunk Movements to Control Landing | → 0.2 |
| Insufficient Amplitude of Elements (each) | → 0.2 |
| Insufficient Stretch (Arch or Pike) | → 0.2 |
| Insufficient Ext. (Open) prior to Landing | → 0.3 |
| Insufficient Height of Salto Dismounts | → 0.3 |
| Insufficient Amplitude "B" Clear Hip Circles | → 0.4 |
| Grasp Apparatus to Avoid a Fall | 0.3 |
| Intermediate (Extra) Swing (max. 0.6) | 0.3 |
| Touch / Brush Foot on Apparatus or Mat | → 0.1 |
| Hit Foot on Apparatus | 0.2 |
| Hit Foot on Mat | 0.3 |
| Full Support on foot/feet on mat in routine | 0.5 |

| BARS Connection Values | 0.1 | 0.2 |
|---|---|---|
| **Level 9** | | |
| One with Flight / Turn | C+C | |
| Both w/o Flight / Turn | C+C (different) | |
| Both with Flight / Turn | | C+C |
| **Level 10** | | |
| Both with Turn / Flight ** Group 3,6,7 - Different No Turn or Flight Required | C+C | |
| w / without Flight / Turn | C+D | D+D |

| BARS Special Requirements |
|---|
| ***2 - Bar Changes*** |
| ***1 - B Flight*** |
| ***1 - C Flight / B Turn*** |
| ** different flight* |
| ***B - Dismount*** |
| ***1 - B Flight*** |
| ***1 - C Flight*** |
| ** Different Flight* |
| ***1 - C Turn*** |
| ** No Mount / Dismount* |
| ***C - Dismount*** |

| VP | Level 9 | Level 10 |
|---|---|---|
| A = 0.1 | 3 | 3 |
| B = 0.3 | 4 | 3 |
| C = 0.5 | 1 | 2 |
| SR | 0.5 | 0.5 |
| **SV** | **9.7** | **9.5** |
| **Bonus** | 0.3 | 0.5 |
| **Bonus** | OK without fall / spot | |
| Level 9 - Bonus Max (1 Restricted) D/E = C | | |
| Other Restricted Elements No VP 0.5 off SV | | |
| Additional Bonus - Level 10 0.1 Bonus with 0.6 and E | | |

Bonus + _____
Exec. - _____
Comp. - _____
A - _____
B - _____
C - _____
D +_____
E +_____

SV
LV:
VP - _____
SR - _____
RE - _____
CV+ _____
DE+ _____

S.V. _____
Ded. - _____
J1 Score _____
J2 Score _____
Average _____
Off Ave. - _____
Score _____

Bonus + _____
Exec. - _____
Comp. - _____
A - _____
B - _____
C - _____
D +_____
E +_____

SV
LV:
VP - _____
SR - _____
RE - _____
CV+ _____
DE+ _____

S.V. _____
Ded. - _____
J1 Score _____
J2 Score _____
Average _____
Off Ave. - _____
Score _____

Bonus + _____
Exec. - _____
Comp. - _____
A - _____
B - _____
C - _____
D +_____
E +_____

SV
LV:
VP - _____
SR - _____
RE - _____
CV+ _____
DE+ _____

S.V. _____
Ded. - _____
J1 Score _____
J2 Score _____
Average _____
Off Ave. - _____
Score _____